

TOP Zermatt Hohbalmen Loop

← 20.1 km | ⌚ 4:25 h | ↗ 1,204 m | ↘ 1,204 m | Difficulty difficult



Base Map: outdooractive Cartography; ©OpenStreetMap (www.openstreetmap.org) Geodata © swisstopo

TOP Zermatt Hohbalmen Loop

↔ 20.1 km

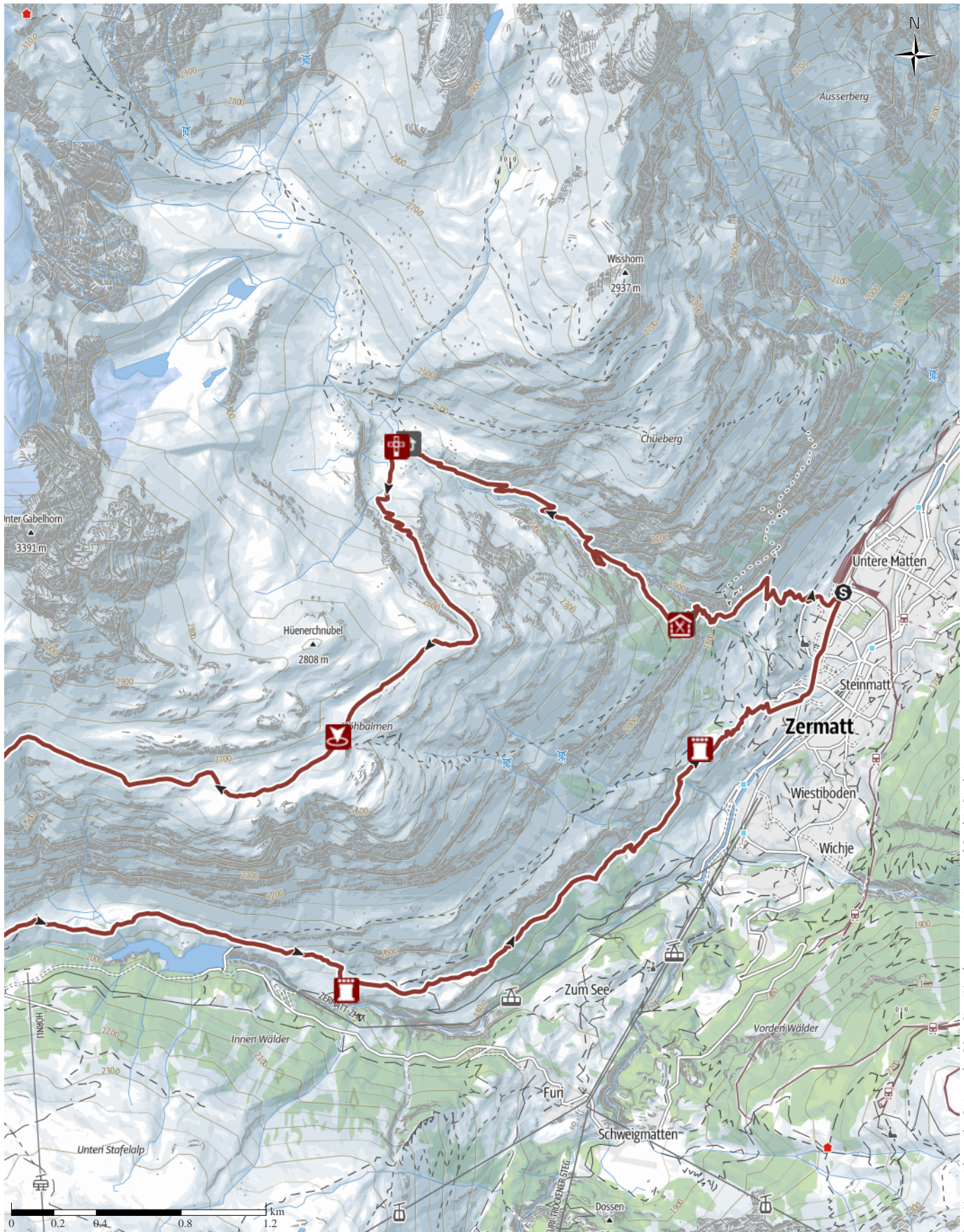
🕒 4:25 h

⬆️ 1,204 m

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Difficulty

difficult



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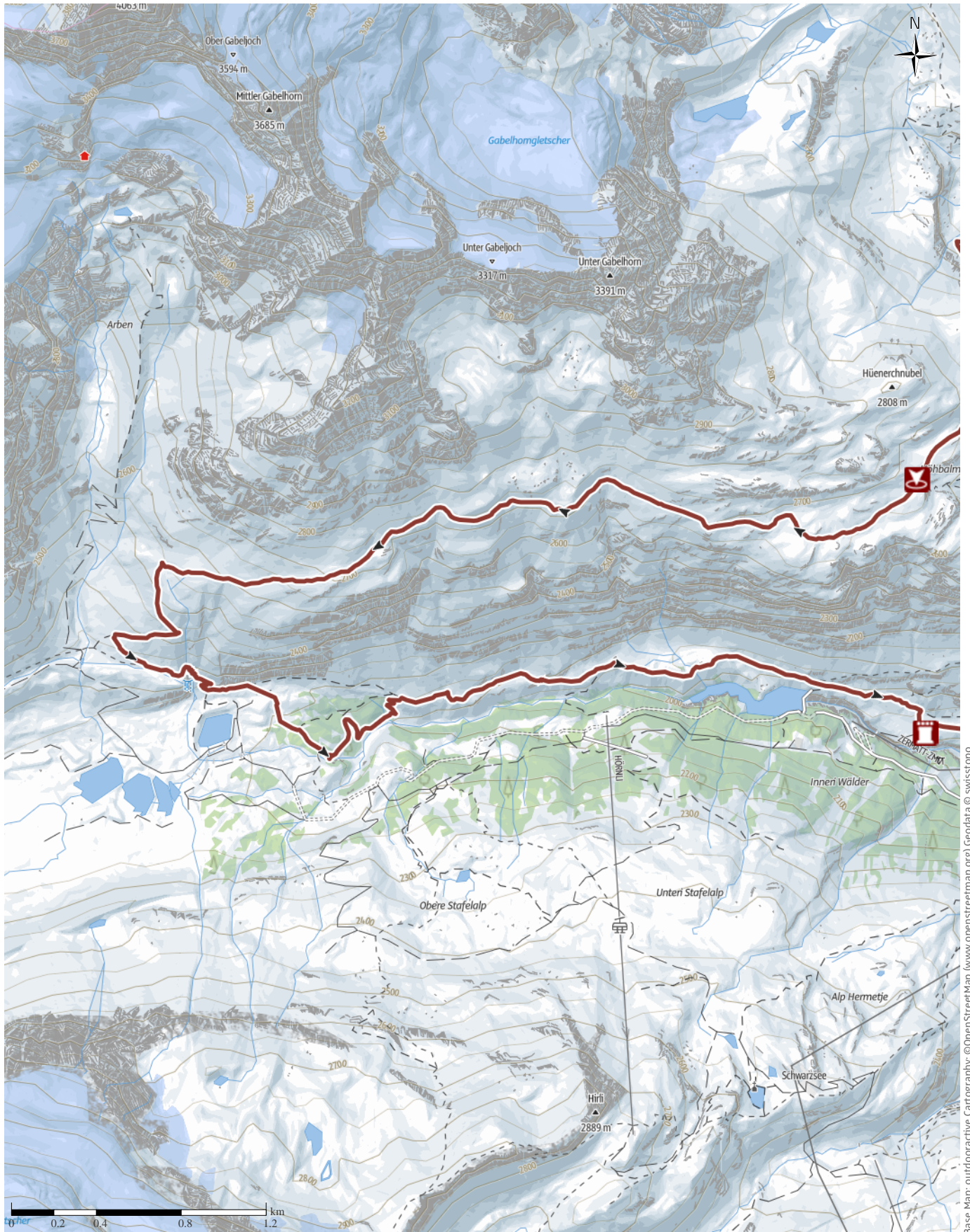
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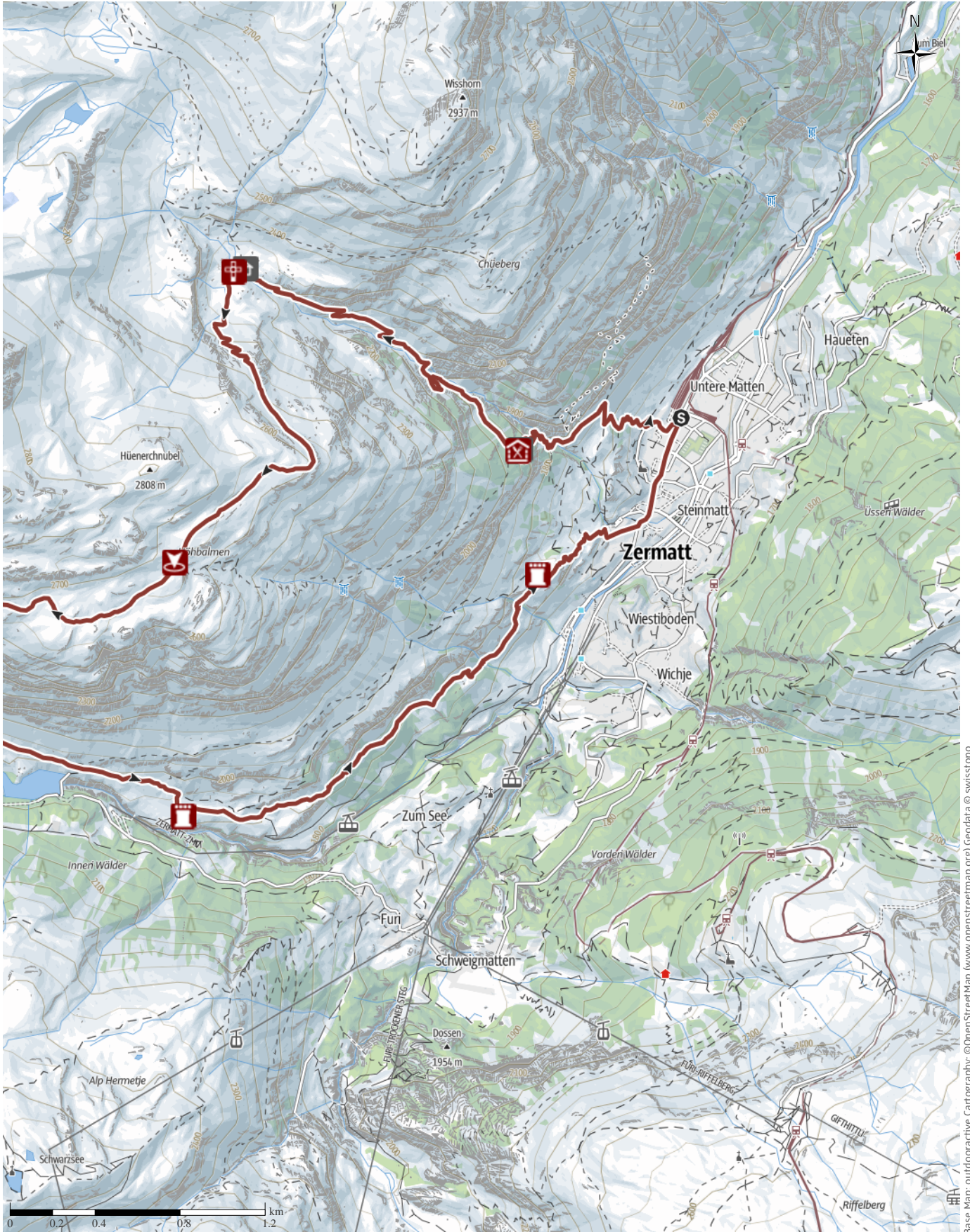
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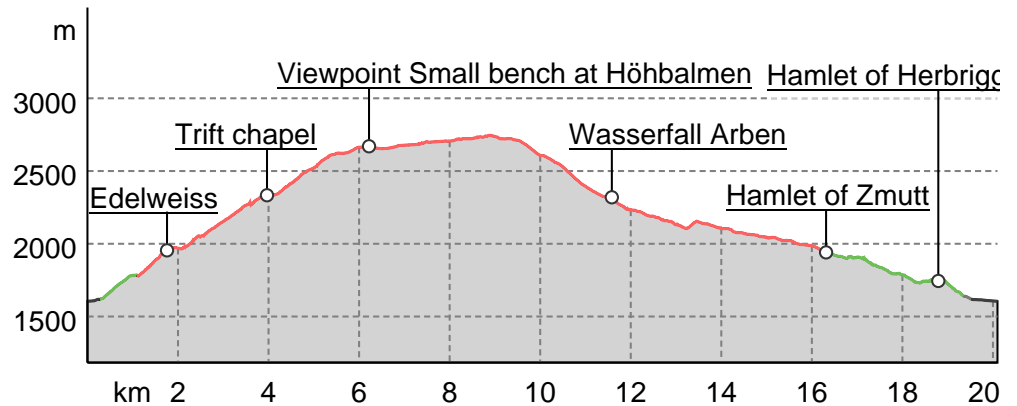
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Track types

Asphalt	0.2 km
Forested/wild trail	4 km
Path	15.1 km
Road	0.9 km

Elevation profile



route data

Trail Running

Distance ↔ 20.1 km

Duration ⌚ 4:25 h

Ascent ▲ 1204 m

Descent ▼ 1204 m

Difficulty difficult

Stamina ●●●●●●

Technique ●●●●●●

Altitude

2,746 m
1,605 m

Best time of year

JAN | FEB | MAR
APR | MAY | JUN
JUL | AUG | SEP
OCT | NOV | DEC

Ratings

Authors

Experience ●●●●●●

Landscape ●●●●●●

More route data

Properties

Scenic Cultural/historical interest

Geological highlights Flora

Fauna Insider tip

Awards

Round trip

Refreshment stops available

**Mégane Roduit**

Update: July 17, 2020



Source

Valais/Wallis Promotion

Avenue de Tourbillon 11

1951 Sion

Valais

Phone +41 27 327 36 00

Fax

info@valais.ch

<http://www.valais.ch>

Enjoy an exceptional view of the Matterhorn from this loop which combines a particularly steep start with a long singletrack above the Zermatt valley.

Starting from Zermatt, follow one of the Edelweissweg or Höhbalmen marked trails. The route begins with a demanding ascent through the gorge to Trift. After this point, continue on a slope that gradually becomes gentler as you approach Höhbalmen and look out over the Matterhorn to the other side of the valley. Continue on a fairly smooth single track that runs along the hillside, then go down along the Arbenbach waterfalls

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before turning in the direction of Zmutt. When going through this small village, take the path overlooking the valley to make your way back to Zermatt. Cross green pastures and meander through larch forests before reaching the village of Zermatt.

Author's recommendation

Take a seat for a moment on the little bench in Höhbalmen and enjoy the view.

Safety information

Use of the trails and the information on this website is at your own risk. Local conditions may entail changes to routes. Valais/Wallis Promotion accepts no liability for the accuracy and completeness of information on this website.

For all trails:

- Use marked trails only, and take note of all signposting – for both your own safety as well as that of grazing animals and to avoid disturbing wildlife.
- Close gates after passing through.
- Please treat other trail users, as well as the plants and animals, with respect.

For mountain trails:

- Take extra care protecting yourself from the sun at high altitudes. UV radiation can be exceptionally strong, even in cloudy weather.
- Plan your trail carefully: take the fitness level of each participant, weather forecast and season into consideration.
- Weather conditions can change quickly in the mountains, without warning. Appropriate clothing is therefore essential, along with adequate supplies of food and water. In case of uncertain weather conditions, turn back in good time.
- Inform others of the route you plan to take. Whenever possible, avoid going alone.
- Take note of warning signs indicating the constant danger in river beds and along watercourses below dams and reservoirs: water levels may rise rapidly without warning.

Equipment

We recommend:

- Good footwear
- Weather-appropriate clothing: always carry a waterproof jacket
- Hat or peak cap
- Sunscreen
- Water bottle
- Hiking poles

Additional information

Map

SwissTopo Maps : 1:50000 : 284T Mischabel / 5028T

Monte Rosa - Matterhorn

Literature

Zermatt tourist office offers information regarding trail running in the region.

Tips and hints

More information about the destination:

- Zermatt

Turn-by-turn directions

Starting point / trailhead

Zermatt

Coordinates:

DD: 46.023636, 7.748082

DMS: 46°01'25.1"N 7°44'53.1"E

UTM: 32T 403102 5097435

w3w: ///confused.reminds.riverbed

Point of arrival

Zermatt

Turn-by-turn directions

From Zermatt, a steep trail leads to the Restaurant Edelweiss and continues up to Trift. The path to Hohbalmen runs along the hillside, high above the length of the valley with incredible views of the Matterhorn. Next drop down to Zmutt and continue to where you started in Zermatt.

Zermatt - Restaurant Edelweiss - Trift - Hohbalmen - Zmutt - Zermatt

Directions

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Public transport

Take the train to Visp station, followed by the Glacier Express to Zermatt.

By road

From Visp, follow the Talstrasse to Täsch, where a shuttle train will take you to Zermatt, as the village is closed to traffic.

Parking

Parking is available in Täsch at the train station.


Points of Interest



 Private Cabin

1 Edelweiss

3920 Zermatt

 +41 27 967 22 36

info@edelweiss-zermatt.ch

<http://www.edelweiss-zermatt.ch>

Source: Zermatt - Matterhorn



 Serviced Hut

2 Edelweiss Hütte

<https://www.edelweiss-zermatt.com/>

Source:  Outdooractive Editors




 Private Cabin

3 Trift Berggasthaus

Trift

3920 Zermatt

 +41 79 408 70 20

<http://www.zermatt.net/trift>

Source: Zermatt - Matterhorn



 Chapel

4 Trift chapel

Source: Zermatt - Matterhorn



 Venue

5 Viewpoint Small bench at Höhbalmen

Source: Zermatt - Matterhorn



 Historical Site

6 Hamlet of Zmutt

Source: Zermatt - Matterhorn

 Historical Site



7 Hamlet of Herbrigg

Source: Zermatt - Matterhorn